

POWERFUL IDEAS FOR POWERFUL RESULTS

## PRO PLATE LOAD FULL BODY SQUAT

Power Lift's Full Body Squat is an ideal piece to add to your lower body strength-training workout. The design of the Full Body Squat machine provides a broader range of motion through the hip than traditional leg presses. Users can perform explosive movements due to the low inertia created from the four bar linkage design. Adjustable shoulder pads will allow users of all heights to properly align themselves in the unit. Single leg movements can be performed as well by lowering the single leg isolator to the proper position.



- Weight storage
- Four-weight loading horns
- Band attachments
- Single leg isolator
- Oversized angled footplated
- Urethane foot pads (standard)
- Starting Resistance 50 lbs.



## **Overall Dimensions:**

104" (L) x 69" (W) x 57" (H) 850 lbs. (Approximate Weight)

## Warranty:

Lifetime conditional warranty on frame components. One year on bearings and 90 days on upholstery and items not specified.

## Part Number:

71107C

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